



**Sport BC Community Sport Hero Award Nominee – February 2010: Barbara MacLeod
Nominated by Action Schools! BC and Premier's Sport Awards Program (p.s.a.p.)**

Barbara MacLeod has been a dedicated volunteer in the community of 100 Mile House for over 40 years. Barbara goes above and beyond her duties as the principal at Eliza Archie Memorial School in Canim Lake and leads the way in promoting physical activity and healthy eating in her community.

As a strong advocate for healthy living for children, Barbara ensures that her students are active before, during, and after school each day. Due to the countless hours in and out of school time that she (with the help of the Canim Lake staff) has dedicated to supporting and integrating physical activity into the fabric of Eliza Archie, students are regularly exposed to a vast variety of sports such as mountain climbing, snowshoeing, skiing, ice fishing, swimming, soccer, hockey, figure skating, running, and kayaking.

Barbara takes advantage of initiatives such as Action Schools! BC and the Premier's Sport Awards Program (p.s.a.p.) to expose her staff and members of the community to new and exciting ways of promoting healthy living at the school.

Outside the school, Barbara curls, supports community hockey and Special Olympics, and has volunteered with the JackRabbit Learn to Ski program for many years. She has enjoyed cross country skiing since childhood and in the summer months she likes to explore new walking trails in the community.

As a supporter and role model of physical activity and sport in the 100 Mile House area for over four decades, Barbara MacLeod is a Community Sport Hero.