



## **Sport BC Community Sport Hero Award Nominee – June 2010: Holly Smith Nominated by Action Schools! BC and Premier's Sport Awards Program (p.s.a.p.)**

**Holly Smith** has been a dedicated volunteer in the community of Smithers for over fifteen years. Through the years, Holly has devoted much of her spare time to increasing the number of opportunities for sport and healthy living for children in her community.

As a Special Education Resource Consultant for the First Nations Education Steering Committee, Holly spends most of her days helping parents and teachers learn diverse teaching methods that are beneficial to students with special needs. A dedicated volunteer in the community of Smithers, Holly has also been an advocate for disabled youth as a ski instructor. A ski enthusiast herself, she has volunteered with the Racing Rabbits Ski Club and has officiated both cross country and downhill skiing. Furthermore, she has coached swimming, started a soccer league, a walking club with the Heart and Stroke Foundation, as well as introduced the sports of wrestling and basketball to the region.

In addition to her involvement with sport within the Smithers community, Holly has helped in the development of two new playgrounds in the community of Morristown, creating more opportunities for active living for the children in her community.

Holly supports healthy living in local schools and promotes physical activity, physical education and healthy eating best practices through her work as an Action Schools! BC Regional Trainer as well as a Heart Smart Kids advocate. A recent addition to the Acadia University's Sports Hall of Fame, she continues to keep an active lifestyle by cycling and practicing various types of skiing.

As a supporter and role model of physical activity and sport in the Smithers area for over fifteen years, Holly Smith is a Community Sport Hero.