



Sport BC Community Sport Hero Award Winner – January 2011: Sue MacDonald Nominated by Action Schools! BC and Premier's Sport Awards Program (p.s.a.p.)

Sue MacDonald has played an integral role in the promotion of healthy living and sport in her community for over a decade. By “doing what she does”, she has gone above and beyond her work as a Program Coordinator and teacher for an alternate education program working with at risk youth and has volunteered much of her time to share her passion for physical activity with her community.

For the past 10 years, Sue has been dedicated to the continuation of various sports such as track and field and soccer by taking on coaching duties for local clubs in Prince George. A running enthusiast herself, she has voluntarily lead various trail walking and running clinics for women in the area since 2000. She is active member of the Participate Prince George committee as the School District #57 representative and helps the initiative promote the importance of 60 minutes of daily physical activity for children and adults alike. Sue is also on the Board of Directors for the Prince George Blizzards Speed Skating Club and is the Social Coordinator for the club. In addition, she is the Vice President of the Physical Education Association of BC and is a member of the Health Promoting Secondary School Provincial advisory committee.

Through her involvement in the school system, Sue is a Regional Trainer of Action Schools! BC and a proud advocate of the Premier's Sport Awards Program. She regularly organizes and delivers workshops for teachers and student teachers in her school district pertaining to the implementation of physical activity and healthy eating in the classroom as well as student leadership training with students in her district.

On a personal note, Sue is largely involved in agility training and pet therapy in Prince George. She proudly practices what she preaches as she loves to run and spend time with her family and dog in her spare time.

As a supporter and role model of physical activity and sport in Prince George area for over a decade, Sue MacDonald is a Community Sport Hero.