



Bin Builders

GRADES 4 TO 7

Action Schools! BC

Add to Classroom Bins every year!

HEALTH TARGET	CLASSROOM ACTION RESOURCE BIN BUILDERS	CLASSROOM ACTION EQUIPMENT BIN BUILDERS	VENDORS
	<p>BONE BUILDING</p> <ul style="list-style-type: none"> • Building Strong Bones & Muscles • Chinese Jump Rope Book/DVD • Jump2bFit Double Dutch 	<ul style="list-style-type: none"> • Chinese Jump Ropes 16' (4.8m) • long ropes 16' (4.8m) • skip-n-hops 	<p>RESOURCES Refer to the Action Pages! – use the index in the back to find item www.actionschoolsbc.ca</p> <p>EQUIPMENT Contact School Specialty SporTime for a 5% discount for all registered schools at 1.800.775.7478 or www.schoolspecialty.ca</p> <p>SUPPORT AND IN-SERVICES Contact the Action Schools! BC Support Team at 1.800.565.7727 or www.actionschoolsbc.ca</p>
	<p>CLASSROOM WORKOUTS & DANCE</p> <ul style="list-style-type: none"> • All-Time Favorite Dances CD/DVD • Dance Party Fun CD/Guide/DVD • Everybody Dance! DVD/Guide • Everybody Move! CD/Manual/DVD • Fun Classroom Fitness Routines DVD • Kids Into Action CDs/DVD • More Funky Freestyle Dancing DVD • Movin' Music for DPA CD • Sittercise CD <p>CLASSROOM ACTIVITIES</p> <ul style="list-style-type: none"> • Exercise in Disguise (F) • DPA Fabulous 50 Activity Cards • YogaKids DVDs <p>PLAYGROUND GAMES</p> <ul style="list-style-type: none"> • 50 Games with 50 Tennis Balls • Bang for your Buck • Oodles of Noodles • The Biggest Little Games Book Ever! • Zany Activities with Panty Hose, Boxer Shorts & Leotards 	<ul style="list-style-type: none"> • dollar store items • wrist scarves • small balls • hula hoops • tennis balls • pool noodles • beach balls • jacks/marbles • panty hose • boxer shorts • leotards • badminton racquets 	
	<p>WALKING & RUNNING</p> <ul style="list-style-type: none"> • Adventure Racing Activities • Speakwell Pedometers and Programs • Step Into Action Pedometer Program • StepsCount Teacher/Pedometer Toolkit 	<ul style="list-style-type: none"> • stop watches • pedometers – buy a class set • cones • pinnies/wristbands 	
	<p>STRENGTHENING</p> <ul style="list-style-type: none"> • FitDeck Exercise Card Series • Fitness Circuit Charts • Having a Ball • Station Games • The Circuit! Station Solutions CDs (F) 	<ul style="list-style-type: none"> • towels • ladders/hurdles • balance pods 	
	<p>ACTION BREAKS</p> <ul style="list-style-type: none"> • BrainDance CD • Juggletime CD/DVDs • DPA Pages! Juggling at www.actionschoolsbc.ca • Joy of Juggling: The Book/DVD/Poster • Juggling: From Start to Star • Speed Stacks DVD/Guide 	<ul style="list-style-type: none"> • bean bags • scarves • footbags • reaction balls • speed stacks • rings/clubs 	

These are resource and equipment ideas to expand the Classroom Action Bins.
These items are NOT included in Classroom Action Bins.