



Bin Builders

K TO 3

Action Schools! BC

Add to Classroom Bins every year!

HEALTH TARGET	CLASSROOM ACTION RESOURCE BIN BUILDERS	CLASSROOM ACTION EQUIPMENT BIN BUILDERS	VENDORS
	<p>BONE BUILDING</p> <ul style="list-style-type: none"> • Building Strong Bones & Muscles • Chinese Jump Rope Book and/or DVD 	<ul style="list-style-type: none"> • skip-n-hops 	
	<p>CLASSROOM DANCE</p> <ul style="list-style-type: none"> • All-Time Favorite Dances CD/DVD • Bean Bag Rock and Roll CD • Children's All-Time Rhythm Favorites CD • Everybody Dance! DVD • Everybody Move! CD/DVD/Manual • Kids Into Action CDs (F) • Movin' Music for DPA CD • Music and Movement in the Classroom, Grades 1-2 • Music for Creative Dance CDs • Smart Fitness, Smart Foods CD/Manual • Step Lively 3 Manual/CD <p>PLAYGROUND & TAG GAMES</p> <ul style="list-style-type: none"> • Bang for your Buck • The Biggest Little Games Book Ever! • You're It! Tag, Tag ... and More Tag (F) • Zany Activities with Panty Hose, Boxer Shorts & Leotards 	<ul style="list-style-type: none"> • dollar store items • wrist scarves • tambourine • drums • small balls • hula hoops • panty hose • boxer shorts/leotards • cones 	<p>RESOURCES</p> <p>Refer to the Action Pages! for ordering information – use the index in the back www.actionschoolsbc.ca</p> <p>EQUIPMENT</p> <p>Contact School Specialty SporTime for a 5% discount for all registered schools at 1.800.775.7478 or www.schoolspecialty.ca</p>
	<p>STRETCHING & STRENGTHENING</p> <ul style="list-style-type: none"> • Fitness Circuit Charts • Having a Ball • The Circuit! Station Solutions CDs (F) • YogaKids DVDs 	<ul style="list-style-type: none"> • exercise bands (yellow) 	
	<p>ACTION BREAKS AND COORDINATION</p> <ul style="list-style-type: none"> • BrainDance CD • Catch a Brainwave: Fitness Fun CD • DPA Fabulous 50 Activity Cards • Energizers: Classroom Based Physical Activities K-5, free download at www.ncpe4me.com/energizers.html • www.actionbasedlearning.com 	<ul style="list-style-type: none"> • parachute • no-bounce balls 	<p>SUPPORT AND IN-SERVICES</p> <p>Contact the Action Schools! BC Support Team at 1.800.565.7727 or www.actionschoolsbc.ca</p>

These are resource and equipment ideas to expand the Classroom Action Bins. These items are NOT included in Classroom Action Bins.